



Your Benefits Open Enrollment Is Coming!

MARK YOUR CALENDAR

February 20th – March 1st, 2023

Join a webinar to learn about changes to our benefits plan!

Monday	2/20	10:00 AM EST
Tuesday	2/21	7:00 AM EST
Wednesday	2/22	7:00 AM EST
Thursday	2/23	3:00 PM EST
Friday	2/24	11:00 AM EST

How do I attend? <https://tinyurl.com/yka5p5wn>

After registering, you will receive an email containing information about joining the ZOOM meeting. Family decision makers are encouraged to attend a session!

No changes? No action needed!

- Your elections will auto roll-over with the applicable rate increases (medical & dental premiums are increasing).

Open Enrollment Resources

Benefits Portal:

www.myhilldrupbenefits.com

TrueAdvocate:

(p) 925-332-7325

[benefitshelp@truenorth
companies.com](mailto:benefitshelp@truenorthcompanies.com)

Hilldrup HR:

(p) 703-441-4865

hrgroup@hilldrup.com

Your login details for
myhilldrupbenefits.com will be
emailed to you on February 20th. Call
TrueAdvocate if you need
assistance!

Benefit options provided by:

